

PHS Cheerleading Tryouts: Fall 2016 – Judging Criteria

Jumps /20

Scores for jumps should be assigned based off of technique (motions, swing, pointed toes, height, smooth landing). Each jump is worth 4 points.

Cheer /15

The score for the cheer should be based on intonation & articulation, volume, motions & memory, sharpness, smile, spirit after the fact, and the jump. The jump should account for no more than 4 of the possible points. *Think: What makes a good sideline cheerleader?*

Chant /15

Similarly to the cheer, the score for the chant should be based on intonation & articulation, volume, motions & memory, sharpness, smile, spirit after the fact. *Think: What makes a good sideline cheerleader?*

Dance /15

Fight Song /5

Points will be earned for motions (especially leg motions), sharpness, smile, and kick placement.

Dance /10

Points will be earned for motion placement, sharpness, memory, rhythm, smile, etc.

Tumbling /15

The point values shown below are the maximum point values. Maximum point values can be earned for good technique.

Standing Tumbling /5

0: No tumbling; 1: backhandspring; 2: multiple backhandsprings; 3: tuck or bhs tuck; 4: 2+ to tuck or layout; 5: to full

Running Pass /5

0: No tumbling; 1: backhandspring; 2: multiple backhandsprings; 3: tuck or bhs tuck; 4: 2+ to tuck or layout; 5: to full

Jumps to Tumbling /5

0: No tumbling; 1: 1 to BHS; 2: 1 to tuck or 2 to BHS; 3: 2 to tuck or multiples or 3 to BHS; 4: 3 to tuck or to BHS tuck; 5: 3 to layout or above

Appearance/Attitude /10

Appearance /5

Plain white t-shirt, black shorts, white no-show socks, white cheer shoes, white bow, hair up and out of face, smile

Attitude /5

*Points are based on coachability, attentiveness, work ethic, helpfulness, punctuality, etc.

Stunting /10

*Points are based on technique, willingness to learn and try new positions, coachability, receptiveness to criticism, etc. Flyers must pull three body positions (“lib” and “torch” do not count).

TOTAL /100

*“Attitude” and “Stunting” scores will be earned during the practice days.