

PHS Cheerleading Tryouts – Fall 2015 – Judging Criteria

Jumps

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The cheerleader can earn a maximum of 5 points per jump (toe touch, left hurkey, right hurkey, pike, and double jump of choice).

Look for the following: sharp motions, smooth swing, pointed toes, appropriate landing, height

- 0 points – not attempting the jump
- 1 point – 1 of the above
- 2 points – 2 of the above
- 3 points – 3 of the above
- 4 points – 4 of the above
- 5 points – all of the above

Cheer

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The 20 points can be earned as follows:

- intonation – 3 points
- volume – 3 points
- motion placement – 3 points
- sharpness – 3 points
- jump – 3 points
- smile – 2 points
- spirit – 3 points

Chant

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The 15 points can be earned as follows:

- intonation and volume – 5 points
- motions – 5 points
- spirit and smile – 5 points

Dance

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The 15 points can be earned as follows:

- rhythm – 5 points
- motions – 5 points
- facials – 5 points

Tumbling

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Standing tumbling is worth 5 points, running tumbling is worth 5 points, and jumps to tumbling is worth 5 points. *Points can be lost due to execution of tumbling.* The points can be earned as follows:

Standing:

- 0 points – none
- 1 point – cartwheel or front WO
- 2 points – BHS or FHS
- 3 points – BHS series
- 4 points – tuck or BHS tuck
- 5 points – 2 to a tuck or above

Running:

- 0 points – none
- 1 point – RO
- 2 points – RO BHS
- 3 points – RO multiples
- 4 points – RO tuck/through to tuck
- 5 points – layout or above

Jumps to Tumbling:

- 0 points – none
- 1 point – jump
- 2 points – jump + skill
- 3 points – double jump + skill
- 4 points – triple jump + skill
- 5 points – triple jump + high level skill

Appearance/Attitude

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A maximum of 5 points can be earned for appearance, based off the following:

- white shirt – 1 point
- black shorts – 1 point
- white cheer shoes – 1 point
- white, no show socks – 1 point
- smile – 1 point

The score for attitude will be earned throughout the course of the tryout process. A maximum of 5 points can be earned for attitude, based off the following:

- helpfulness
- coachability
- pleasantness